



Draft Agenda

The below individuals and organizations have been selected to present at the 27th annual conference. The speakers, topics, and presentation dates and times are subject to change.

Pre-Conference: Wednesday, November 17th (All times Eastern)

| Times | Session | Speakers |
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| 8am – 9:00am | GIVE Grant Work-Based Learning Project Manager : You Don't Have to be a Large Corporation to Impact Rural Social Determinants of Health | Kati Thomas Steele, M.Psych |
| 8am – 9:00am | Prevention Coalition Peer Group Meet & Greet | N/A |
| 9am – 10:00am | Mental Health and Staff Wellness in Schools | Shayla Sanderson, State Coordinator-State Coordinated School Health Program |
| 10am – 11:00am | Suicide Prevention in Rural Tennessee & Essence Alerts | Emily Hager, PhD with TSPN |
| 10am – 11:00am | Providing Care for Students During COVID-19 | Leslie Brasfield, RN, BSN Heather Ledbetter, Ed.D., MPH Meghan Seay |

| Times | Session | Speakers |
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| 8am – 11:00am | Tennessee Hospital Association Small and Rural Hospitals | Bill Jolley Organizing |

Conference Agenda (All times Eastern)

| November 17th | Session | Speakers |
|---------------------------------|---|--------------------------------|
| 11:30am | Opening Welcome and Luncheon | Dana Cobb, RHA of TN President |
| 11:30 – 12:30pm | Plenary Session– Tennessee Department of Health, Office of Minority Health- State Office of Rural Health Division of Health Disparities Elimination | Kristina Pilgreen, MS |
| 12:40 – 1:40pm | Plenary Session Panel: RHA of TN Leadership Academy (3-6 members moderated by Dr. Auxier) | Dr. Auxier & Members of Panel |

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| <p>2:00 – 3:00pm</p> | <p>Breakout Sessions</p> <p>A1. Empowering Patients: Bringing Greater Access, Choice and Outcomes to Patients with Kidney Disease in Rural Tennessee</p> <p>A2. Developing Rural Primary Care Residency Programs</p> <p>A3. Improving Health Equity in Rural Appalachian Tennessee: The View Through a Cultural Lens</p> <p>A4. Training the Next Generation Workforce</p> <p>A5. Comparing Public Stigma Associated with Mental Illness in Rural and Non-Rural Populations</p> | <p>Kyle Cooksey</p> <p>Anya Cope & Amanda Finley</p> <p>Robyn Seamon</p> <p>Candi Collier, Ed. S & Amy Watson, RN</p> <p>Justin Kearley, BS. & Michael Meit, MA, MPH</p> |
| <p>3:15 – 4:15pm</p> | <p>Breakout Sessions</p> <p>B1. At the Crossroads of Opioid Use Disorder and Pregnancy: Exploring Addiction Treatment Practices for Pregnant and Postpartum Women in Rural America</p> <p>B2. Keeping it Real, Making it Personal: Shedding Light on Behavioral Health</p> <p>B3. Time to Talk: Empowering rural health care providers and patients to engage in health care cost conversations</p> <p>B4. Extending Pediatric Clinical Services to Rural Communities: A Successful Model of Care</p> <p>B5. Compassion Fatigue and Mental Fortitude</p> | <p>KariLynn Dowling-McClay, PharmD, MPH, BCACP & Bill Brooks, MPH, DrPH</p> <p>Gina Matlock, BS & Tory Daughrity, MS</p> <p>Victoria Niederhauser, DrPH, RN, FAAN & Christopher Sneed, Ph.D.</p> <p>Nan Gaylord, PhD, RN, FAAN</p> <p>Tom Starling, EdD.</p> |

| November 18 th | Session | Speakers |
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| 8:30 – 9:30am | Morning Plenary Brock Slabach Sr. Vice-President for Member Services, National Rural Health Association | Jacy Warrell, RHA of TN Executive Director |
| 9:40 – 10:40am | Morning Plenary- Dental disease, the national symbol of social inequality & Oral Health Promotion: Evidences and Strategies for Rural Communities | Cassandra Holder Christiansen, EdD, MPA, RDH & Sabrina Blue, GradCert |
| 10:45 – 11:45am | <p>Breakout Sessions</p> <p>C1. Be the One: Preventing Suicide in the Workplace</p> <p>C2. Youth Friendly Health Care Services</p> <p>C3. Knox/East Tennessee Healthcare Coalition Mortar Between the Bricks and Wheels on the Ground</p> <p>C4. Addictive Behaviors</p> | <p>Joanne Perley, MPH</p> <p>Amanda McGeshick, MS, CPSII</p> <p>Wanda Roberts & John Brinkley</p> <p>Kristen Robinson, BS, LADAC II, NCAC II</p> |
| 12:00pm | Awards Luncheon | |
| 12:15 – 1:15pm | Afternoon Plenary Dr. Monty Burks, Director of Faith Based Initiatives, TDMHSAS | Dr. Monty Burks |
| 1:15 – 1:45pm | Presentation of Awards | Elaine Jackson, Past President RHA of TN |
| 2:00 – 3:00pm | <p>Breakout Sessions</p> <p>D1. Increasing mental health screenings during the Covid-19 pandemic</p> <p>D2. Pioneering Defenses for Susceptible Populations - Vulnerable Populations Coordinator Role</p> <p>D3. Identifying strategies to sustain rural health systems and promote economic development</p> <p>D4. Addressing the Social Determinants of Health through Primary Prevention</p> <p>D5. TN Save-A-Life Overdose Awareness and Prevention Training</p> | <p>David Bohan</p> <p>Taylor Gamache, RN & Wanda Roberts, RHC of East Region, TN.</p> <p>Judy Roitman & Tracey Stansberry</p> <p>Cameron Taylor</p> <p>Marissa Sage Valentine, R.O.P.S</p> |

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| 3:15 – 4:15pm | <p>Breakout Sessions</p> <p>E1. Leveraging Partnerships to Deploy Holistic Interventions: Lessons Learned from the Rural Health Connections Program</p> <p>E2. Radon & Lung Cancer in TN</p> <p>E3. Healthy Housing- A Retrospective Qualitative Assessment of Impact of Home Repairs</p> <p>E4. Community Health Worker Session</p> <p>E5. Community Engagement in the Prevention of Prescription Drug Misuse</p> | <p>Lauren Barca, RN, BSN, MHA & Doug Adair</p> <p>Bruce Snead, BCS & Lexi Brown, LLB</p> <p>Bethesda O'Connell, DrPH, MPH, CHES & Nicole Intagliata</p> <p>Lesia Walker</p> <p>Tyler Cody Melton, PharmD</p> |
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| November 19 th | Session | Speakers |
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| <p>8:00 – 9:00am</p> <p>Breakfast with Bill Dobbins in Ballroom</p> | <p>Morning Breakouts</p> <p>F1. Implementing Social Determinants of Health Screening in a Rural Primary Care Clinic</p> <p>F2. Skill Up Tennessee: Developing the Rural Workforce</p> <p>F3. Multisector Response to Rural Opioid Overdose Prevention Across East Tennessee</p> <p>F4. Implementing Collaborative Obstetrics and Midwifery Practices to Address Access to Healthcare in Rural Tennessee</p> | <p>Kim Roberts, FNP-C, MSN</p> <p>Kevin Treadway</p> <p>Kayla Simon, MPH & Matthew McConaughy, MPH</p> <p>Dr. Kate Fouquier & Amanda Williams</p> |
| 9:15 – 10:15am | <p>Morning Breakouts</p> <p>G1. Understanding the Numbers: Data Sources and Trends in Rural Overdose Deaths in</p> <p>G2. Crafting the Car Key Conversation in Early Dementia</p> <p>G3. The Road Map to Rural Area Services & Resources</p> | <p>Aleigha Spaulding, MPH, Allison Roberts, PhD. MPH & Kate Durst, MS</p> <p>Lynn Wood</p> <p>Megan Hart, M. Ed.</p> |

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| | G4. Another Layer: Working Mothers and the COVID-19 Pandemic | Katherine M. Hermann-Turner, Ph.D., NCC, LPC/MHSP-Temp., Brittney Phillips, LPC-MHSP & Christina Dukes, LPC/MHSP |
| | G5. Social and Emotional Implications of Belonging in Rural Areas | Kristin Dunn & Keena Friday-Gilbert |
| 10:30 – 11:30am | RHA of TN Member Meeting | RHA of TN Staff |
| 11:30am | Adjourn | |
| Pre-recorded On-Demand Offerings | | |
| | Culture | Bill Auxier |
| Confirmed | Disability Resources for Healthcare Providers and Patients | Lauren Percy, MPP & Penny Johnson |
| | The Evidence for Low Carbohydrate Diets in the Management of Diabetes | Dr. Michelle Lee & Dr. Donna Fraysier ETSU |
| | Helping Rural Families Grieve Well Together: Practical Play Therapy Strategies | Brittney Phillips, MA, LPC-MHSP, NCC & Tony Michael, Ph.D., LPC-MHSP, ACS, RPT-S, NCC |
| | Teaching Nurse Practitioners and Students to Use Telehealth to Increase Access to Healthcare in Rural Tennessee | Bobby Bellflower, DNSc, NNP-BC, FAANP & Sarah Rhoads, PhD, DNP, WHNP-BC, FAAN |
| Confirmed | Oral Healthcare in Rural Tennessee: Barriers to Care Among Underserved Populations | Tiffany E. Wilson, DDS MPH |
| | Avoiding Burnout and Activating Stress Management | Dr. Desireé Kelly, DrPH |

Conference Registration Information:

Please use the following link to register for the conference: [Annual Conference \(rhat.org\)](http://Annual Conference (rhat.org))

We look forward to seeing members and friends in Pigeon Forge this November!

We will return to Music Road Resort in Pigeon Forge for our Annual Conference this November 17th - 19th 2021. As in years past, we will offer a wide variety of education and networking opportunities for rural health leaders.

April 1 - September 30: Members \$175; \$Students \$80; Non-Members \$250

After September 30th: Members \$225; Students \$100; Non-Members \$300

Register Before October 1st for reduced Early Bird Rate!

Book Your Room

Call Music Road Resort [\(844\) 993-9644](tel:8449939644) to reserve your room. Say you're with RHA of TN to receive the below room rates. *Please note: If you are booking 5 or more rooms ask for Ben Humphries to complete your reservation request.

| Location | Monday 11/15/21 | Tuesday 11/16/21 | Wednesday 11/17/21 | Thursday 11/18/21 | Friday 11/19/21 | Saturday 11/20/21 |
|---|--------------------|---------------------|-----------------------|----------------------|--------------------|----------------------|
| Music Road Resort Hotel Rate | | | | | | |
| Standards | \$133 | \$133 | \$133 | \$133 | \$133 | \$133 |
| Suites | \$133 | \$133 | \$133 | \$133 | \$133 | \$133 |
| Kings | \$133 | \$133 | \$133 | \$133 | \$133 | \$133 |
| Music Road Resort Inn Rate | | | | | | |
| Standards | \$133 | \$133 | \$133 | \$133 | \$133 | |
| Suites | \$133 | \$133 | \$133 | \$133 | \$133 | |
| Kings | | \$133 | \$133 | \$133 | \$133 | |
| Penthouse | | | | | | |